

Careers in Allied Health Massage Therapy

Certificate & Associate of Science Degree · Allegheny Campus

Massage therapists manipulate the soft tissue of the body by techniques such as gliding, kneading or deep touch to promote general relaxation, relieve pain, improve circulation and range of motion, and relieve stress. Massages are often given to increase energy levels and increase a general sense of well being. Massage therapists can specialize in more than 80 different types of massage, called modalities, with most massage therapists specializing in several approaches.

Job Potential

The U.S. Department of Labor, Bureau of Labor Statistics indicates employment for massage therapists is expected to increase faster than average over the period from 2004 to 2014 as more people learn about the benefits of massage therapy. With potential employers ranging from health spas and alternative wellness clinics to chiropractors and an increasing number of hospitals and long-term care facilities, the potentials for employment and advancement are strong.

Affordable Quality Education

The CCAC Massage Therapy program is designed to prepare students for a health career as a massage therapist. Participants will acquire skills in the different types and levels of massage. Additionally, students in the associate's degree program will learn how to begin and



operate a massage therapy practice. Graduates will be prepared to work in wellness clinics, alternative medicine centers, chiropractor offices, nursing homes and hospitals.

The CCAC Massage Therapy associate's degree program is a member of the American Massage Therapy Association Council of Schools.

For more information on careers in massage therapy, visit the websites of the following organizations.

American Massage Therapy Association
www.amtamassage.org

National Certification Board for Therapeutic Massage and Bodywork
www.ncbtmb.com

For additional information on **CCAC's Massage Therapy programs**, email AlliedHealthInfo@ccac.edu or call 412.237.2709.

CCAC Allegheny Campus
808 Ridge Avenue
Pittsburgh, PA 15212
www.ccac.edu

Massage Therapy

Admission to the Program

- Apply to the college.
- Make separate application to the massage therapy program.
- Admission to the program is limited to 20 first-year students.
- Students are accepted throughout the year based on meeting eligibility requirements and the date of the application.

Prerequisites

- Developmental courses as required by College Placement Test results (ENG089, ENG100, MAT080 and the DVS or Developmental Studies Series) as needed.
- BIO151 General Biology 1 **OR** BIO110 Introduction to Biological Science (exception: BIO161 Anatomy & Physiology 1 and/or BIO162 Anatomy & Physiology 2 successfully completed.)
- CCAC cumulative grade point average of 2.0 or above for all college-level courses.
- Show evidence of original Act 33 and 34 clearances (Pennsylvania Child Abuse History Clearance and PA State Police Criminal Record Check).
- Acceptance into the Massage Therapy program

Program Costs

- Current college tuition and fees
- Required books and supplies
- Transportation and costs related to clinical sites
- Fees associated with the required medical evaluation, criminal check, child abuse clearances, lab and clinical clothing and other clinical site screens

Clinical Agencies

On-site experience prearranged and supervised by the instructor, with hospitals, different community groups and businesses.

Clinical Requirements

Second year, first semester: 8 hours/week for 15 weeks

Second year, second semester: 8 hours/week for 15 weeks

Professional Examination

Passing a certification examination prepared by the National Certification Board for Therapeutic Massage and Bodywork allows a therapist to use the designation Nationally Certified in Therapeutic Massage and Bodywork.

CERTIFICATE REQUIREMENTS

First Semester		Credits
MAS101	Massage Therapy Principles & Procedures 1	4
BIO161	Anatomy & Physiology 1	4
ALH109	Infection Control	2
ALH140	Medical Terminology	3
Second Semester		
MAS102	Massage Therapy Principles & Procedures II	4
BIO162	Anatomy & Physiology 2	4
CIT100	Introduction to Computers	3
HPE	Health & Physical Education Elective	1-2
Third Semester		
MAS201	Massage Therapy Principles & Procedures III	5
MAS202	Massage Therapy Principles & Procedures IV	5
Minimum credits required to graduate		35-36

ASSOCIATE'S DEGREE REQUIREMENTS

First Semester		Credits
ALH109	Infection Control	2
ALH140	Medical Terminology	3
BIO161	Anatomy & Physiology 1	4
ENG101	English Composition 1	3
MAS101	Massage Therapy Principles & Procedures 1	4
Second Semester		
BIO162	Anatomy & Physiology 2	4
CIT100	Introduction to Computers	3
ENG102	English Composition 2	3
MAS102	Massage Therapy Principles & Procedures 2	4
PSY101	Introduction to Psychology	3
Third Semester		
MAS201	Massage Therapy Principles & Procedures 3	5
MAS211	Massage Therapy Externship 1	2
PHL205	Medical Ethics & Law	3
SPH101	Oral Communication	3
HPE	Health & Physical Education Elective	2
Fourth Semester		
MAS202	Massage Therapy Principles & Procedures 4	5
MAS212	Massage Therapy Externship 2	2
MAT195	Business Math	3
	Business Elective	3
Minimum credits required to graduate		61

For official program description and requirements, see program details at www.ccac.edu.

Complaints from outside the institution should be addressed in writing to: Associate Dean of Academic Affairs, CCAC Allegheny Campus, 808 Ridge Avenue, Pittsburgh, PA 15212.